

Rethinking Liquidity: Fixed Income's Role in University Endowments

CONNECTIVES
SEPTEMBER 2025



Universities face multiple headwinds that may include the threat of rising tax rates on investment income, reduced federal support, declining enrollment, and rapidly rising costs. Moreover, some illiquid investments like private equity and real estate have been providing on average lower than were historically the case.¹ While Harvard, Yale, and Princeton can access liquidity by issuing taxable bonds and borrowing from banks, other adherents of the Yale model that favors illiquid but higher return-generating private investment may have fewer options for meeting their liquidity needs.²

¹ Source: Meketa. <https://meketa.com/leadership/cash-flow-gridlock-understanding-the-private-equity-distribution-challenge/>

² Source: Financial Times, R. Wiggelsworth, "The Death of the Yale Model?" March 31, 2025.

One possible area for universities to consider is an asset class that had taken a backseat in many endowment portfolios for the past two decades – fixed income. According to the most recent National Association of College and University Business Officers (NACUBO) study, the average university total fixed income allocation was just over 16% when public fixed income, private credit, and cash were added together (see Figure 1).

Between the Global Financial Crisis and the onset of the global pandemic, fixed income markets offered much lower yields as global central banks held policy rates near zero. But that dynamic has changed since 2022, when inflation helped drive both short-term policy rates and longer-term yields higher. In this environment, university

endowments and foundations may look to optimize their fixed income allocations, which now offer more favorable yields and deliver regular cash distributions.

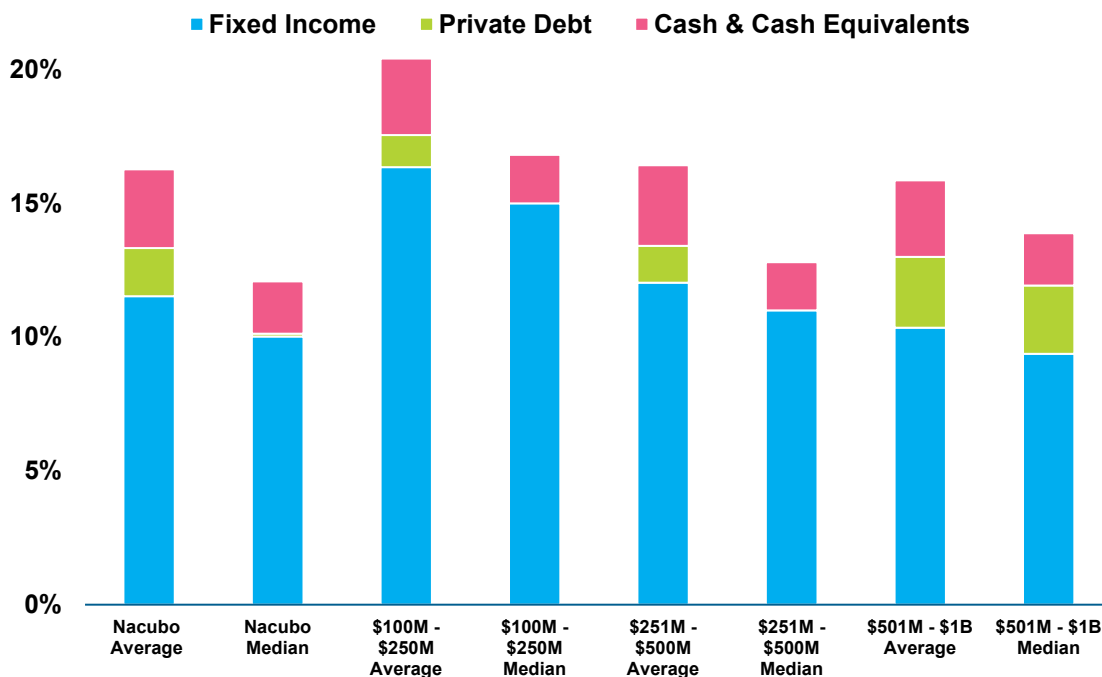


FIGURE 1
NACUBO University Survey Fixed Income, Private Credit, and Cash Allocations (Median & Average %)

Source: NACUBO – Commonfund Study data as of February 15, 2025.

Over the long-run, larger endowments have outperformed smaller endowments largely due to their higher level of private investments, which have experienced an estimated average premium over US stocks of 3.5% per annum.³ But in fiscal year 2024, endowments under \$50 million dollars had an average return of 13%, while those with over \$5 billion dollars in assets returned 9.1%.⁴ [This reversal was likely driven by smaller endowments' higher average exposure to public equities, as the extended period of US exceptionalism and the epoch of the Magnificent Seven helped boost US equity returns.](#) But now, these smaller funds that tend to rely less on illiquid private equity investments also enjoy better liquidity.

³ Source: Commonfund, "Key Takeaways for Forum 2025," March 21, 2025.

⁴ Source: NACUBO – Commonfund Study data as of February 15, 2024.

A recent survey of the attendees of the Commonfund Conference 2025 found that endowments and foundations are now paying more attention to liquidity, given higher spending needs and tax and funding uncertainty.⁵ As recent scholarship from the Central Bank of the Netherlands states, pursuit of the "illiquidity risk premia can lead to unintended overallocation during extended period of asset lockups, increasing the vulnerability of portfolio consumption and investor welfare."⁶

⁵ Source: Commonfund, "Key Takeaways for Forum 2025," March 21, 2025.

⁶ Source: SSRN and Eurosysteem [sic], D. Dimitrov, "Untangling Illiquidity: Optimal Asset Allocation with Private Asset Classes," January 30, 2025.

While there is no silver bullet to fix the pressing needs of university endowments, the current higher-for-longer interest rate environment could offer some opportunities in private and public fixed income markets. Traditional public fixed income may become

a more important building block to help meet return objectives while also providing a source of ready liquidity. While [private credit markets](#) are slightly more liquid than private equity with their average hold-period about half of that of a private equity fund, they could offer investors a much higher rate of return than public market fixed income markets. With higher yields as well as the introduction of new fixed income products like multi-asset strategies, private bank loans, and collateralized private debt, there could be new tools that allow endowments to use fixed income allocations to help meet their overall return objectives while providing enhanced liquidity.

For more insights, explore our recent thought leadership, including [sustaining missions and navigating markets through spending policy frameworks](#), [parsing the One Big Beautiful Bill Act](#), and [examining the impact of trade wars](#). Additional research and perspectives can be found at meketa.com/thought-leadership.



Sustaining Missions and Navigating Markets: Frameworks for Endowment and Foundation Spending Policies

https://meketa.com/leadership/sustaining-missions-and-navigating-markets-frameworks-for-endowment-and-foundation-spending-policies/?utm_source=chatgpt.com



Parsing the One Big Beautiful Bill Act (OBBA): Big in Scale, Broad in Impact

https://meketa.com/leadership/parsing-the-one-big-beautiful-bill-act-obba-big-in-scale-broad-in-impact/?utm_source=chatgpt.com



Trade Wars: Rough Seas Ahead

https://meketa.com/leadership/trade-wars-rough-seas-ahead/?utm_source=chatgpt.com

Have you ever wondered about portfolio liquidity and the impact of cash flows? MEKETA essentials™ may be able to help you answer those questions.



MEKETA essentials™

<https://meketa.com/meketa-essentials/>

Important Information

THIS REPORT (THE "REPORT") HAS BEEN PREPARED FOR THE SOLE BENEFIT OF THE INTENDED RECIPIENT (THE "RECIPIENT").

SIGNIFICANT EVENTS MAY OCCUR (OR HAVE OCCURRED) AFTER THE DATE OF THIS REPORT, AND IT IS NOT OUR FUNCTION OR RESPONSIBILITY TO UPDATE THIS REPORT. THE INFORMATION CONTAINED HEREIN, INCLUDING ANY OPINIONS OR RECOMMENDATIONS, REPRESENTS OUR GOOD FAITH VIEWS AS OF THE DATE OF THIS REPORT AND IS SUBJECT TO CHANGE AT ANY TIME. ALL INVESTMENTS INVOLVE RISK, AND THERE CAN BE NO GUARANTEE THAT THE STRATEGIES, TACTICS, AND METHODS DISCUSSED HERE WILL BE SUCCESSFUL.

THE INFORMATION USED TO PREPARE THIS REPORT MAY HAVE BEEN OBTAINED FROM INVESTMENT MANAGERS, CUSTODIANS, AND OTHER EXTERNAL SOURCES. SOME OF THIS REPORT MAY HAVE BEEN PRODUCED WITH THE ASSISTANCE OF ARTIFICIAL INTELLIGENCE ("AI") TECHNOLOGY. WHILE WE HAVE EXERCISED REASONABLE CARE IN PREPARING THIS REPORT, WE CANNOT GUARANTEE THE ACCURACY, ADEQUACY, VALIDITY, RELIABILITY, AVAILABILITY, OR COMPLETENESS OF ANY INFORMATION CONTAINED HEREIN, WHETHER OBTAINED EXTERNALLY OR PRODUCED BY THE AI.

THE RECIPIENT SHOULD BE AWARE THAT THIS REPORT MAY INCLUDE AI-GENERATED CONTENT THAT MAY NOT HAVE CONSIDERED ALL RISK FACTORS. THE RECIPIENT IS ADVISED TO CONSULT WITH THEIR MEKETA ADVISOR OR ANOTHER PROFESSIONAL ADVISOR BEFORE MAKING ANY FINANCIAL DECISIONS OR TAKING ANY ACTION BASED ON THE CONTENT OF THIS REPORT. WE BELIEVE THE INFORMATION TO BE FACTUAL AND UP TO DATE BUT DO NOT ASSUME ANY RESPONSIBILITY FOR ERRORS OR OMISSIONS IN THE CONTENT PRODUCED. UNDER NO CIRCUMSTANCES SHALL WE BE LIABLE FOR ANY SPECIAL, DIRECT, INDIRECT, CONSEQUENTIAL, OR INCIDENTAL DAMAGES OR ANY DAMAGES WHATSOEVER, WHETHER IN AN ACTION OF CONTRACT, NEGLIGENCE, OR OTHER TORT, ARISING OUT OF OR IN CONNECTION WITH THE USE OF THIS CONTENT. IT IS IMPORTANT FOR THE RECIPIENT TO CRITICALLY EVALUATE THE INFORMATION PROVIDED.

CERTAIN INFORMATION CONTAINED IN THIS REPORT MAY CONSTITUTE "FORWARD-LOOKING STATEMENTS," WHICH CAN BE IDENTIFIED BY THE USE OF TERMINOLOGY SUCH AS "MAY," "WILL," "SHOULD," "EXPECT," "AIM," "ANTICIPATE," "TARGET," "PROJECT," "ESTIMATE," "INTEND," "CONTINUE," OR "BELIEVE," OR THE NEGATIVES THEREOF OR OTHER VARIATIONS THEREON OR COMPARABLE TERMINOLOGY. ANY FORWARD-LOOKING STATEMENTS, FORECASTS, PROJECTIONS, VALUATIONS, OR RESULTS IN THIS REPORT ARE BASED UPON CURRENT ASSUMPTIONS. CHANGES TO ANY ASSUMPTIONS MAY HAVE A MATERIAL IMPACT ON FORWARD-LOOKING STATEMENTS, FORECASTS, PROJECTIONS, VALUATIONS, OR RESULTS. ACTUAL RESULTS MAY THEREFORE BE MATERIALLY DIFFERENT FROM ANY FORECASTS, PROJECTIONS, VALUATIONS, OR RESULTS IN THIS REPORT.

PERFORMANCE DATA CONTAINED HEREIN REPRESENT PAST PERFORMANCE. PAST PERFORMANCE IS NO GUARANTEE OF FUTURE RESULTS.